Dear colleague,

It is a New Year and time for resolutions! The NMC have stuck to their resolution by providing us with some resources to help ensure every nurse and midwife can be ready to revalidate. I am delighted to see South region is well represented with Jan Glaze opening two of their videos – well done Jan!

It’s also a very busy time of the year for health services with increased demand and stretched resources. This makes it more important than ever that nurses can feel confident about their practice and still take time for learning, clinical supervision and reflection.

I met recently with some hospital nurses in Oxford who were supporting a new discharge scheme for patients to receive their rehabilitation in nursing homes. In addition to being great for patients, it also meant that nurses from different settings were sharing their knowledge and skills in the interests of providing excellent care. It struck me that this reflected the 4 “Ps” in the Code very well and in this edition of the newsletter we will focus on the “P” “to practise effectively”

Sarah Elliot
Regional Chief Nurse NHS England (South)
The 4 P’s of the Code Practise Effectively

In last month’s edition we looked at Prioritise People as the first of the 4P’s. In this edition South Head of Quality Suzie Cro looks at Practise Effectively:

“Evidence based practise is core to this part of the code. Ensuring we maintain the knowledge and skills we need for safe and effective practice is the reason revalidation was introduced in the way it has been”

“The whole process is a practical demonstration of working cooperatively, sharing skills and keeping clear and accurate records. If you live by this P in your work then building your evidence base will be something that comes naturally”

“Finally respecting people’s right to privacy and confidentiality is not only the right thing to do for them as individuals, it will also protect you in your practise”

The eight elements of this part of the code are:
1 Always practise in line with the best available evidence
2 Communicate clearly
3 Work cooperatively
4 Share your skills, knowledge and experience for the benefit of people receiving care and your colleagues
5 Respect people’s right to privacy and confidentiality
6 Keep clear and accurate records relevant to your practice
7 Be accountable for your decisions to delegate tasks and duties to other people
8 Have in place an indemnity arrangement which provides appropriate cover for any practice you take on as a nurse or midwife in the United Kingdom

The Code contains the professional standards that registered nurses and midwives must uphold. UK nurses and midwives must act in line with the Code, whether they are providing direct care to individuals, groups or communities or bringing their professional knowledge to bear on nursing and midwifery practice in other roles, such as leadership, education or research. While you can interpret the values and principles set out in the Code in a range of different practice settings, they are not negotiable or discretionary.

There are 4P’s to the Code:
- Prioritise People
- Practise Effectively
- Preserve Safety
- Promote Professionalism and Trust

Next edition we consider Preserve Safety
Leading from the front

We heard from some high profile speakers at a recent Thames Valley networking event but for me the most interesting part of the debate was around the purpose of revalidation. This doesn’t appear to get anywhere near the airtime it needs as we spend so much time considering the ‘how’ rather than the ‘why’. Identifying the real benefits we can derive from an effective revalidation process is important to help all nurses and midwives as there is a wealth of evidence that building relationships and a shared narrative are key for people to engage with change.

In developing the narrative, we considered the benefits for the patient, the practitioner, the profession and the public. Recognising that revalidation, done well, will deliver greater confidence and assurance around quality of care, compassionate care, professionalism and serve to support rebuilding public confidence in nursing.

The tangible action to come out of the debate was to write an open letter, signed by every nurse director in Thames Valley which we sent to each member of our respective nursing workforce, setting out the importance of revalidation and to promote the idea of a positive narrative about the benefits rather than a continued emphasis on the implementation. We committed to each individually, and irrespective of our personal dates for revalidation, to undertake the required actions to revalidate by the end of March 2016. There is something important about not expecting everyone else to do something if we haven’t gone through the process ourselves. A number of us will be blogging, tweeting or writing this up in our respective organisational newsletters, so look out for that and hold us to account for doing what we have committed to.

Revalidation is required for all nurses, so let’s make it something that overtly delivers improvement for nursing and nurses

Jan Fowler

The Thames Valley Nurse Directors Revalidation Networking event heard from a number of speakers including Professor Dame Donna Kinnair, Director Policy & Practice at the RCN, Dr Katerina Kolyva, Director of Continued Professional Practice at the NMC and Ros Crowder who is the Medical Revalidation lead for NHS England South. Our network comprises all Directors of Nursing across providers, commissioners and NHS England. It is sponsored and facilitated by the Thames Valley & Wessex Leadership Academy and meets twice a year.

Webinars – for confirmers and revalidation

New webinars are now available for confirmers and we are also continuing
the series of revalidation webinars that have proved really popular over the last year.

**Confirmer Webinars - What are these sessions?**
Revalidation awareness sessions for line managers who are going to be confirmers

**What will these Webinar sessions cover?**
- Who can act as a confirmer
- What is revalidation
- Checklist of requirements and supporting evidence
- Conflicts of interest
- Reviewing the evidence

**When are they being held?**
The same session is being repeated on several dates - details can be found in the table below (please allow one hour):

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Link</th>
</tr>
</thead>
<tbody>
<tr>
<td>5th February</td>
<td>10am</td>
<td>Join WebEx meeting</td>
</tr>
<tr>
<td>9th February</td>
<td>12pm</td>
<td>Join WebEx meeting</td>
</tr>
<tr>
<td>23rd February</td>
<td>2pm</td>
<td>Join WebEx meeting</td>
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<tr>
<td>7th March</td>
<td>3pm</td>
<td>Join WebEx meeting</td>
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**Revalidation Webinars**

These are WebEx training sessions set up for nurses and midwives to outline what needs to be done for their revalidation. Hosted by Suzie Cro, Head of Quality (NHS England South Region).

**When are they being held?**
The same session is being repeated on several dates - details can be found in the table below (please allow one hour):

<table>
<thead>
<tr>
<th>Date 2016</th>
<th>Time</th>
<th>Link</th>
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<tbody>
<tr>
<td>1st Feb</td>
<td>16:00-17:00</td>
<td>Join WebEx meeting</td>
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<tr>
<td>6th Feb</td>
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<td>Join WebEx meeting</td>
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<tr>
<td>16th Feb</td>
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<td>22nd Feb</td>
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<td>24th Feb</td>
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<td>29th Feb</td>
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<tr>
<td>2nd March</td>
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<td>11th March</td>
<td>10:00-11:00</td>
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<tr>
<td>30th March</td>
<td>12:00-13:00</td>
<td>Join WebEx meeting</td>
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</tbody>
</table>

**What do you need to join the webinar?**
You will need a computer with internet access and a telephone to dial in
1. Go to the link provided
2. If requested, enter your name and email address.
3. Click "Join".

**How do you register?**

To register, please email [Katie Luxon](mailto:Katie.Luxon@nmc.org.uk) to reserve your place. She will need to know your chosen session time, your name, organisation name, job title and email address.

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**Lights, camera, action! Jan in the spotlight in NMC resources**

Bracknell and Ascot CCG's Jan Glaze opens two new NMC videos as part of the package of online resources now available for nurses and midwives. One of the videos focusses on [revalidation](http://nmc.org.uk/revalidation) whilst the other looks at [confirmation](http://nmc.org.uk/confirmation).

They are just a couple of the features of new [NMC microsite](http://nmc.org.uk/microsite) which also features case studies and posters that you can download. There are also guidance sheets such as the recently updated advice on the electronic storage of personal data, which means nurses and midwives can now choose to store their completed reflective discussion and confirmation forms in either paper or electronic format has been developed to provide all of the resources needed in one place.

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**Employers resources and events**

The NMC has developed resources to support employers of nurses and midwives, as they have an important role to play in ensuring that they and their staff are prepared for the new process.

The new revalidation microsite contains a lot of resources aimed at employers, such as [training presentations](http://nmc.org.uk/training-presentations) that revalidation leads can use to support their colleagues and students to understand the revalidation requirements. These presentations cover CPD, feedback, reflective accounts, reflective discussion and confirmation and are designed to be delivered in a workshop to a maximum of 25 people; facilitator notes accompany each set of materials.

Employers can also find out more about revalidation by attending a free seminar which will provide them with an overview of revalidation, providing key information on how they can support nurses and midwives through the process.

- 10 February 2016 – London, Aldersgate House
- 2 March 2016 – Exeter, Mercure Exeter Southgate

Places are limited to one per organisation.
Please share this newsletter with staff, networks and contacts who would find this information useful.

Next issue...

The next South Revalidation round-up will be published at the end of February 2016.